

# Details

Saturday, January 24th  
and  
Saturday, January 31st

Inclement Weather date February 7th

9:30am - 3:30pm

CHRIST LUTHERAN CHURCH  
@ Fellowship Hall

2011 Brandon Ave,  
Roanoke VA  
(Corner of Brandon Ave & Grandin Rd)

This workshop is designed to take sponsors and sponsees through the steps of recovery in a two week period of time.

There is no charge to attend the workshop.

## *What do you need to do?*

You will need your sponsor with you or we will provide a temporary sponsor for this workshop.

Please consider serving as a temporary sponsor for someone else. We will have printed materials for your use.

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## *Recommended to bring:*

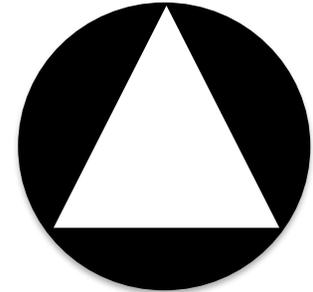
- AA Big Book
- Twelve Steps & Twelve Traditions
- Writing Materials
- Pen & Highlighter
- Side Dish or Finger Food



## *If you have questions please call:*

Kevin E. Christiansburg (540) 808-9022  
Teresa H. Roanoke (540) 798-3805  
Jeff B. Salem (540) 598-1648

# 25th Annual



**Back to Basics  
Workshop 2026**

A practical workshop to take you through the 12 Steps of Recovery as they were done in early AA beginner meetings.

*Presented by The Roanoke  
Back to Basics Committee*

*Sponsored by the Windsor Hills  
AA Group*

# Schedule January 24th

9:30 am to Noon

## History and Step One

12:00 pm to 1:00 pm

### Lunch Break

*Please bring a side dish*

*Drinks will be provided*

1:00 pm to 3:30 pm

### Steps 2 & 3

## Overview of Steps 4 & 5

*You and your sponsor will work Steps 4 & 5 during the week before the next session*

# Schedule January 31st

9:30 am to Noon

## Steps 5 to 9

12:00 pm to 1:00 pm

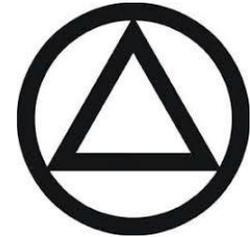
### Lunch Break

*Please bring a side dish or finger foods to share. Drinks and utensils will be provided.*

1:00 pm to 3:30 pm

## Steps 10, 11 & 12

# With Gratitude



THE COMMITTEE WOULD LIKE TO ACKNOWLEDGE OUR GRATITUDE TO JOHN MAYO AND OUR FRIENDS FROM THE GREENWOOD STUDY GROUP OF RICHMOND, VA FOR DEVELOPING THIS CONCEPT. WE WILL BE USING THEIR BACK TO BASICS MANUAL AS YOUR TEXT FOR THIS WORKSHOP.